



**The Corporation of the Township of Brock**

**Committee of the Whole Minutes - Draft**

**September 13, 2021**

**Virtual Meeting**

Members Present: Mayor John Grant  
Regional Councillor Smith  
Ward 1 Councillor Michael Jubb  
Ward 2 Councillor Claire Doble  
Ward 3 Councillor Walter Schummer  
Ward 4 Councillor Cria Pettingill  
Ward 5 Councillor Lynn Campbell

Staff Present: CAO, Ingrid Svelnis  
Clerk/Deputy CAO Fernando Lamanna  
Deputy Clerk Maralee Drake  
Clerk's Assistant Deena Hunt  
Receptionist/Clerk's Assistant Stefanie Stickwood  
Fire Chief Rick Harrison  
Interim Manager of IT / Deputy Fire R. Wayne Ward  
Chief Building Official Richard Ferguson  
Planner Debbie Vandenaeker  
Manager, Recreation, Parks & Facilities David Tompkins

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**1. Call to Order & Moment of Silence - 10:00 a.m.**

Mayor Grant called the electronic meeting to order at 10:00 a.m. and confirmed a quorum was present via electronic participation.

**2. Land Acknowledgement**

It is important to begin each public gathering with a Land and Territorial Acknowledgement, to recognize the Indigenous people for being good stewards of the land and environment, here where we are meeting today. The Township of Brock has traditionally been a hunting and fishing ground for First Nations people. We reside on and benefit from the Williams Treaty Territories, on the land of the Mississauga's and Chippewas. May we share the land as long as the sun rises, the grass grows and river flows.

**3. Disclosure of Pecuniary Interest and Nature thereof**

None.

**4. Closed Session**

Staff left the meeting at 10:05 a.m. with the exception of the CAO, Clerk/Deputy CAO, Deputy Clerk, and Clerk's Assistant.

**Resolution: 1-8**

**Moved by** Councillor Jubb

BE IT RESOLVED THAT the Committee proceed into a Closed Meeting of Municipal Council at 10:05 a.m. to discuss the following matters

- to discuss litigation or potential litigation, including matters before administrative tribunals, affecting the municipality or local board pursuant to Section 239 (2)(e) of the Municipal Act with respect to property encroachments.

**CARRIED**

4.1 Property Encroachments

**5. Rise from Closed Session**

Staff rejoined the meeting at 11:04 a.m.

**Resolution: 2-8**

**Moved by** Councillor Campbell

BE IT RESOLVED THAT the Committee rise & report from Closed Meeting of Committee of the Whole at 11:04 a.m. and,

THAT Committee endorse the direction provided to staff to report on matters discussed during the Closed Meeting of Committee of the Whole held on September 13, 2021.

**CARRIED**

**Resolution: 3-8**

**Moved by** Regional Councillor Smith

THAT Committee of the Whole break for a recess at 11:06 a.m. and resume at 11:16 a.m.

**CARRIED**

**6. Matters from Closed Session**

None.

**7. Presentations**

Mayor Grant reconvened the meeting at 11:17 a.m. with the same members of Committee and staff in attendance.

**7.1 Presentation on Mental Health Post COVID**

Ms. Wendy Beales, Supervisor, Family Services Durham, provided a presentation entitled Re-opening: What can we expect and how do we respond from a mental health perspective?

Ms. Beales reviewed the impact on personal wellbeing due to the COVID-19 pandemic and provided the following points:

Impacts on our wellbeing:

- sense of loss connected to basic survival (access to food, job, and shelter)
- increased social inequities
- grieving process changes
- loss of activities for enjoyment (coping strategies)
- increased loneliness
- exhaustion (juggling home responsibilities with work, moral fatigue, decision-making)
- nervous system in overdrive (remain in a reactive state, increased anxiety)

Behaviours During Interactions with Others

- angry outbursts, irritability, impatience
- difficulty communicating, panic and anxiety
- difficulty concentrating
- people questioning and challenging while determining how safe they feel

How to Respond/De-escalate the Situation

- remain calm, use active listening (ask what, where, who, how?)
- use non-confrontational body language and a 'soft gaze'
- be reassuring and acknowledge their concerns, as well as explaining the need to follow protocols
- provide information, be empathetic, provide options where possible

- while assisting someone with panic, provide a space away from others when it is safe to do so
- be mindful of your own safety and when help is required

#### ABC Formula (Canadian Training Institute)

- A. clearly identify the behaviour that must stop “please lower your voice so I can hear you better”
- B. tell why the behaviour must change (“I want to be able to hear your concerns and discuss options”)
- C. give options - you must give at least three options and the last (usually a consequence) needs to be one the staff are able to enforce

#### Importance of Pacing & Fostering Resilience

- people may feel they have less resilience to cope with change
- factors to promote resiliency are Purpose, Flexibility, Adaptability, Connection to others, Wellness, and Hope
- make mental health a priority

#### Dealing with Loss

- ending, losing, and letting go (e.g. shock, denial, grief, anger, resistance, doubt, stress)
- neutral zone (e.g. indecision, anxiety, fear, confusion, sense of chaos)
- new beginnings (renewed purpose, creativeness, increased cooperation)

Ms. Beales advised of the importance of self compassion as well as compassion for others in an effort to reduce stress. She provided a list of mental health resources which would be posted to the Township's website.

#### **Resolution: 4-8**

**Moved by:** Councillor Jubb

That the rules of procedure with respect to the length of the presentation be waived.

**CARRIED**

Committee members discussed and deliberated the information provided by the presenter and thanked Ms. Beales for this important update.

#### **Resolution: 5-8**

**Moved by** Councillor Campbell

BE IT RESOLVED THAT the presentation by Wendy Beales, Supervisor, Family Services Durham, regarding mental health post COVID-19, be received.

**CARRIED**

#### **8. Delegations**

None.

#### **9. Sub-Committees**

9.1 Finance Committee (Chair Councillor Schummer)

None.

Councillor Schummer provided a verbal update with respect to the upcoming 2022 budget process and expected timelines.

9.2 Operations Committee (Chair Councillor Pettingill)

9.2.1 Horseback Rider Signs, 2021-CO-045

**Resolution: 6-8**

**Moved by** Councillor Schummer

BE IT RESOLVED THAT Council receive report 2021-CO-045, Horseback Rider Signs, and THAT the request for horseback rider signs on the 6<sup>th</sup> Concession of Thorah be denied.

**CARRIED**

9.3 Parks, Recreation and Facilities Committee (Chair Councillor Jubb)

9.3.1 Report 2021-CO-047 Community Building Fund, 2021-CO-047

**Resolution: 7-8**

**Moved by** Councillor Pettingill

BE IT RESOLVED THAT Council receive report 2021-CO-047, Community Building Fund and, THAT Council grant permission for staff to apply for this Community Building Fund - Capital Stream, for Centennial Park.

**CARRIED**

9.3.2 Report 2021-PRF-008 - Sunderland Arena Renovation and Addition, 2021-PRF-008

**Resolution: 8-8**

**Moved by** Councillor Campbell

BE IT RESOLVED THAT Council receive report 2021-PRF-008, and THAT A W Hooker Associates be retained for \$7,500 to provide a class C cost estimate for the Sunderland Arena Project given the drawings are at 60% and, THAT Barry Bryan Associates be retained at \$2,800 to do a structural analysis of the Beaverton Arena.

**CARRIED**

9.3.3 Report 2021-PRF-009 - Cannington Arena Roof Follow-up

**Resolution: 9-8**

**Moved by** Councillor Schummer

BE IT RESOLVED THAT Council receive report 2021-PRF-009; and,

THAT Council direct staff to proceed with tendering for roof repairs to the Cannington Arena.

**CARRIED**

**Amending motion:**

**Resolution: 10-8**

**Moved by** Councillor Schummer

That the main motion be amended by adding the following clause:

**To include the repair of the carpenter ant damage and sealing the tin roof.**

**CARRIED**

**Amended Main Motion:**

**Resolution: 9-8**

**Moved by** Councillor Schummer

BE IT RESOLVED THAT Council receive report 2021-PRF-009;  
and,

THAT Council direct staff to proceed with tendering for roof repairs to the Cannington Arena to include the repair of the carpenter ant damage and sealing the tin roof.

**CARRIED**

9.4 Tourism & Economic Development Committee (Chair Councillor Doble)

None.

9.5 Protection Services Committee (Chair Councillor Campbell)

None.

9.6 General Government Committee (Chair Mayor Grant)

9.6.1 Report 2021-GG-008 - IT Policies

**Resolution: 11-8**

**Moved by** Regional Councillor Smith

BE IT RESOLVED THAT Council receive Report 2021-GG-008, IT policies; and,

THAT Council endorse the Township of Brock Email Policy and Information Technology Policy.

**REFERRED**

**Resolution: 12-8**

**Moved by** Councillor Pettingill

BE IT RESOLVED THAT the Committee of the Whole refer Report 2021-GG-008, IT Policies, back to staff with consideration of inclusion of an expected timing for response as well as consideration of a customer relations management solution.

**CARRIED**

9.7 Building and Planning Committee (Chair Regional Councillor Smith)

- 9.7.1 Report 2021- PCA-023: Response to Regional Policy Directions  
Report from Envision Durham 03.2021-PL

**Resolution: 13-8**

**Moved by** Councillor Pettingill

BE IT RESOLVED THAT Council receive Report 2021-PCA-023 -  
Response to Regional Policy Directions Report from Envision  
Durham and,  
THAT this report to be provided to Jonah Kelly of the Region of  
Durham as Brock's formal input on the "Proposed Policy Directions"  
paper released as part of Envision Durham.

**CARRIED**

**10. Other Business**

None.

**11. Public Questions and Clarifications**

None.

**12. Adjournment**

**Resolution: 14-8**

**Moved by** Regional Councillor Smith

BE IT RESOLVED THAT the Committee of the Whole meeting adjourn at 1:33 p.m.

**CARRIED**

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Chair

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Secretary